PERSONAL MENTION

Archbishop and Mrs. H. E. Sexton recently entertained members of the executive of the Dioscesan Board of the Anglican Women's Auxiliary at luncheon in the Union Club.

* * *

Mrs. Joan Forrester entertained at a dinner party in her home on Windsor Road recently in honor of her cousin, Miss Maureen Forrester, who was guest soloist with the Symphony Orchestra early this week.

* * *

Mr. and Mrs. William Nelles are spending the weekend in Vancouver.

* * *

A miscellaneous shower was held for Valerie Ida Sharp prior to her marriage, by Mrs. David Thom and Mrs. W. Donaldson. Guests included Mrs. G. T. Sharp, Mrs. M. J. Sharp, Mrs. L. M. West, Mrs. J. A. Forbes, Mrs. A. Stevenson, Mrs. M. Balfour, Mrs. J. A. McLaren, Mrs. R. McLaren, Mrs. J. McLaren, Mrs. G. Hepburn, Mrs. Kay Sykes, Mrs. J. B. Dawson, Mrs. G. Wilson, Mrs. G. Sykes, Mrs. R. Donaldson, Mrs. Margaret Crookshanks, Miss L. Brazier, and Miss Joan Thom.

* * *

Mr. and Mrs. Hart H. Henderson returned recently to their Cotswold Road home from a month's trip to California.

* * *

GANGES—Mr. A. E. Duke, formerly of Vancouver, and now a resident of Vesuvius Bay, was honored Sunday on the occasion of his eightieth birthday, when Mrs. Duke entertained.

At a lace-covered table centred with a large crystal bowl filled with red carnations and flanked by red candles, Mrs. Thomas Carlyle and Miss Emily Smith poured tea.

Mr. Duke was the recipient of many lovely gifts, amongst them a barometer given by several of his friends at Vesuvius.

In addition to his son and daughter-in-law, Mr. and Mrs. E. H. Duke, Vancouver, other out-of-town guests were Mr. and Mrs. H. McNab, Kelowna; Miss L. Marshall, Mr. Frank Smith, Mr. W. Irwin, Mr. Brian Markham and Mr. Hargreaves.

Your Problems

By Ann Landers

Dear Ann: I'm 21 and a college graduate. I plan to become engaged to a grand fellow. His father was killed in a logging accident and he had to quit school in the 10th grade to support his mother and the younger children.

My parents keep telling me I'll regret marrying beneath myself intellectually. They say it will be a "disgrace" when the engagement announcement appears in the paper and mentions that I am a college graduate and my fiance went to the 10th grade.

I love this boy deeply and admire him for doing so well without a formal education. He has an excellent position and a bright future. What can I say to my parents when they harp on this?—GRACE

* * *

Dear Grace: If your parents' major concern is the announcement on the society page, tell them not to worry.

I've yet to see an announcement reading "Jane Doe is a graduate of Radcliffe. Her fiance quit high school in the 10th grade." If the groom did not graduate from high school the reference to his education is omitted.

Make no apologies for your fiance's abbreviated schooling. The woods are full of educated folks with degrees as long as your arm who never learned how to get along in the world. And many a self-taught guy has gone right to the top.

We Married Young

Dear Ann: My husband and I are both 28. We were married young (19) and have three lovely children. Six months ago he started to work late every night and going out of town weekends. Half of his paycheck seemed to evaporate in thin air.

When I finally demanded a showdown he admitted he was having an affair with a former girlfriend who lost her husband last year (in the divorce court).

I told him to move out of the house, but to feel free to visit the children whenever he wanted to. He took me at my word and moved into a hotel.

For the past month he's been over every night and is sweet as honey. I'm sure he wants to come back but he's ashamed to ask. He must be fed up on his girl friend because he's with us every evening instead of with her. I think I've been very smart up to now and I don't want to make any mistakes. Of course I want him back. I love him dearly. What shall I do?

—KISMET

* * *

Dear Kismet: Let things rock along. Be pleasant and friendly—but not TOO friendly. He's undoubtedly had his fill of the side-dish or he wouldn't be parked on your sofa every night. Let him ASK to come home, but make it easy for him. Before you say yes, get his word that his Tom-cat days are over.

Holding My Breath

Dear Ann Landers: What advice do you have for a girl who is 17 years old and knows for sure a boy who is gorgeous is taking her out for only one thing?

Don't tell me to stop seeing this boy because it's impossible. I think about him day and night. He is Ricky Nelson and Montgomery Clift rolled into one. I'm holding my breath until I get your advice on how to hang onto him.

—JILL

* * *

Dear Jill: Don't hold your breath waiting for me to tell you how to keep THIS kind of relationship afloat. You'll turn blue.

I have no advice for a girl who says "Don't tell me to stop seeing him because it's impossible."

I can tell you only how these things USUALLY turn out. The gorgeous boy gets bored with Miss Easy Mark and casts about for more challenging (hence more interesting) friends. The foolish girl who has nothing more to give is left wondering what she did wrong. OR—she finds herself in serious trouble and then she KNOWS.

Confidential to Torn Apart: Sew yourself up and go back to work. Everyone has some tragedy in his life. Your mother was 88? I hope you don't go any younger.

* * *

Does almost everyone have a good time but you? If so, send for ANN LANDERS' new booklet, "How To Be Well-Liked," enclosing with your request 20 cents in coin and a large, self-addressed, stamped envelope.

(Ann Landers will be glad to help you with your problems. Send them to her in care of this newspaper enclosing a stamped, self-addressed envelope.)

Engagement Announced

The engagement is announced between Noreen Winnifred Ritchie, younger daughter of Mrs. Winifred Ritchie and the late Robert W. Ritchie, 1538 Amphion Street, to Robert Patrick Weir, of Maidstone, Ont., elder son of Mr. and Mrs. George Weir of that town. The wedding will take place March 7 in St. Mary's Church, Oak Bay. — (Photo by Belcher Studio.)

Cathedral WA Holds Shrove Tuesday Tea

Mrs. M. H. French was convener of the tea given Shrove Tuesday by the Afternoon Branch of Christ Church Cathedral WA.

She was assisted by Mrs. W. E. Bowen and Mrs. H. S. Langford. Pouring tea were Mrs. B. Whitlow, Mrs. R. E. H. Howell, Mrs. J. Challoner and Mrs. J. F. K. English.

Other helpers included Mrs. M. E. Moore, Mrs. L. Slack, Miss I. Cole, Mrs. J. R. McDonald, Miss E. Brown and Miss M. Robinson. Serving the guests were Mrs. K. Aitken, Mrs. G. W. Day, A. J. Marlow, Mrs. T. E. Brown, Mrs. R. J. Westgate, Mrs. H. H. Creal, Miss M. J. Woolaston.

Mrs. E. Hart and Mrs. S. Townsend were in charge of homecooking and Mrs. M. Josephs supervised the plant and flower stall. Mrs. G. A. P. Harris, treasurer, received donations.

The affair was held at the home of Mrs. Claude Gardiner, president of the Branch at 1180 Faithful Street.

LOVELIER YOU

By Mary Sue Miller

Miracle Diet Foods. There are many theories about reducing diets. But for sure-fire results, you must never cut out any of the basic foods, only cut down. Do otherwise and you may or may not lose weight; for certain, you will feel pinches of hunger and fatigue. Look it, too!

The basic foods are: eggs; milk (skim milk is fine); whole-grain or enriched breads and cereals; butter and margarine; meat, fish and fowl; vegetables, including potatoes; fruits and juices.

Nutritionists call these foods the "Miracle Seven." And small wonder, as they supply all the nutrients needed for health, verve and fresh looks. To be specific, they provide protein for keeping the body in good repair, inside and out; starch and fat for energy; calcium for strong bones, teeth and nerves; iron for red blood and a glowing complexion; vitamins to fortify digestion, nerves, resistance and the beauty of the skin, hair and eyes.

Moreover, each of the miracle foods provides more than one nutrient and all work more effectively in combination. For instance, the vitamin D in eggs helps the body use the calcium in milk.

So, my reducing friends, never cut out a basic food—just cut down!

POCKET CALORIE COUNTER

Do you really know the calorie counts of the foods you eat? Our new booklet, **Pocket Calorie Counter,** tells the score at a glance. It also gives a diet plan—a way to eat and slim. For your copy, write Mary Sue Miller, in care of this newspaper, enclosing a long, self-addressed, stamped envelope and 10c in coin.

(Copyright 1959, Field Enterprises, Inc.)

Fashion Show

The Calletts of the St. Andrews and Caledonian Society will sponsor a Spring Fashion show in the Douglas Room on Friday, March 20 at 7.30 p.m.

Fortune Smiles On Love Letters

NEW YORK (WNS)—Want to be luckier in love? Dash off a love letter and perhaps fortune will smile on your romance.

Many people forget that a secret of romantic sucess is to confess love without fear or shyness, says actor John Fostini, who owns what may be the world's largest collection of love letters.

Amorous notes make courtship happier and help boy get girl, Fostini believes. After marriage, billet-doux make it easier to keep the thrill of romance alive.

OUTSPOKEN

The greatest lovers in history have usually been outspoken in affairs of the heart. Nine hundred affectionate letters helped the celebrated analyst Dr. Sigmund Freud win the hand of his idol, Martha Bernays.

"I love to madness and I feel to torture," wrote famous poet Robert Burns to the girl of his dreams, Agnes M'Lehose.

Everyone wants to feel that someone loves him and a love letter assures him of this in the most enduring way, Fostini points out in his new anthology entitled "Love Letters."

How can you tell if a love letter is sincere?

SINCERITY

"You can sense whether it's heartfelt," says bachelor Fostini. "If it isn't isncere, it isn't a love letter."

Sentimental correspondence may not indicate whether a lover is a good marriage risk, but it does lay bare some interesting features of his soul.

"Love letters show how a man meets the advent of love in his life," the handsome actor states. "Is it a calm, confusing or serious thing to him?"

The world champion love letter writer is probably the French novelist Balzac, who turned them out by the volume.

And the best love letters are written when men are frustrated in romance, Fostini says.

Most of the 4,000 letters in his mammoth collection are from men. The reason is that unlike the stronger sex, women are sentimental enough to save this type of mail.

However, men enjoy listening to Fostini read love letters on his lecture tours even more than women. "It made me relive my youth," an elderly accountant confided.

Valentine Thought

NEW YORK (WNS)—On St. Valentine's day celebrities comment on love: Dave Garroway: "Oceans of emotion surrounded by expanses of expense." Actor Paul Hampton: "Love is a condition of the mind when the mind is out of condition."

SMALL CARS
NO Money Down
FREE 1960 LICENCES
TELMAC
844 FORT

BEAUTIFUL THINGS NEED NOT BE COSTLY

Depend on Hayward's for a complete service within the means of every family.

Specializing in air shipments around the world

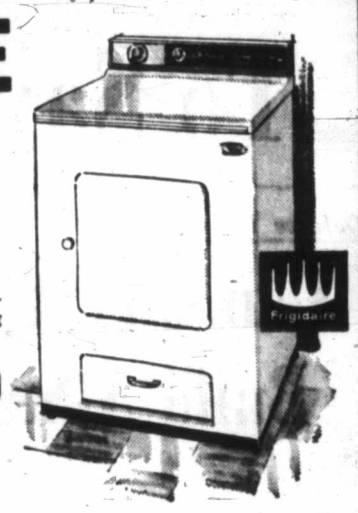
HAYWARD'S CHAPEL
734 BROUGHTON — EV 3-3614
Bruce M. Leyden, Manager; Hayward Family, Directors
Mrs. P. W. Bell, Director
Increased Supervised Parking

Rated Tops in Home Laundry

FRIGIDAIRE

Now at a New Low Price

DE LUXE AUTOMATIC FRIGIDAIRE DRYER



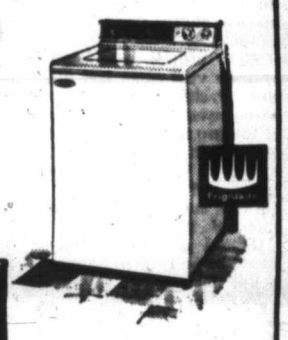
Top line convenience with heat selector, automatic time control and wrinkles-away drying that does practically all your ironing on "wash-and-wear" fabrics. Dries everything fluffier, faster.

$199.00

... and the DE LUXE AUTOMATIC WASHER

Suds water-saver that saves you hot water, plus the famous 3-ring "pump" agitator for deep cleaning, super-safe washing. Underwater detergent dispenser. Two-speed mechanism.

$279.00



ASK ABOUT OUR CONVENIENT TERMS

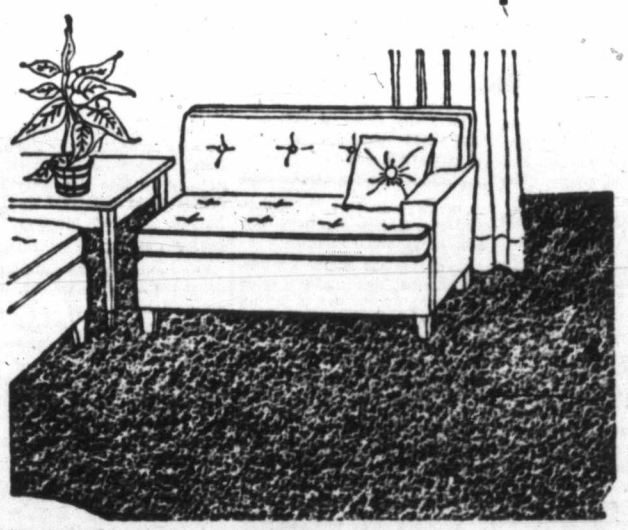
KING TELEVISION & RADIO LIMITED

1672 DOUGLAS OPPOSITE EDDY'S

Another Outstanding Event at JORDANS!

SPECTACULAR CLEARANCE

Wall-to-Wall Carpets and Broadloom Rugs



Here is a terrific opportunity to beautify your home with luxurious carpet at just a fraction of the regular price. Once a year, after taking inventory, we must clear out the many broken lines and color ranges. These materials are all Jordans regular merchandise—not brought in for sale purposes. Don't be disappointed—hurry—for the supply is limited.

Use JORDANS No-Down-Payment Bank Interest Payment Plan

One Day Only

Buy Now and Save

Wunda Crest Cotton Broadloom $7.95
12-ft. width. Green. Regular 9.95. SALE
12x9, only $102.50

Heavy Twist Wilton
9-ft. and 12-ft. widths. Spice, Beige, Green, Turquoise, Rose, Gold. Regular $13.50.
SALE PRICE, sq. yd. $10.95
12x9, only $137.50

Hall and Stair Carpet
Carved English Wilton, reg. $13.95. SALE, lin. yd. $9.95
Luxury Plain Wilton, reg. $10.95. SALE, lin. yd. $8.95
Twist Wilton, reg. $8.25. SALE, lin yd. $6.95

SATURDAY LAST DAY
JORDAN'S TREMENDOUS FURNITURE SALE

JORDANS RUGS and FURNITURE

Attention, Up-Island Customers
For personalized service, write Jordans Rugs and Furniture, 626 View Street, Victoria, or Phone EV 3-7171 or EV 3-8831, and our up-Island representative will call at your home with a full line of samples.

Corner of Broad and View Streets
EV 3-7171 EV 3-8831

Western Canada's Largest Distributors of Oriental Rugs and Broadloom

When a COLD STRIKES

GUARANTEE
This proven formula MUST give you the FAST, FAST cold relief as essential to comfort from that ache-all-over feeling or double your money back.

WHY DEPEND ON ONE INGREDIENT TABLETS When You Get Four Powerful Fast Acting Cold Fighting Ingredients in These Easy to Swallow

BUCKLEY'S COLD CAPSULES

that gives you FAST, FAST, FAST RELIEF from the RUNNY NOSE, FEVERISHNESS, and ACHES and PAINS caused by a cold.

FAST, FAST RELIEF For Splitting Headache, Monthly Pains, Colds, Grippe, Rheumatic, Neuritic, Arthritic Pain.

12 DOSES, 45c; FAMILY SIZE, 89c.